

# UNITED LES MILLS LAUNCH SCHEDULE

Sheffield Group Fitness Building September 19th

Body Attack w/ Christy-8:00

Body Pump w/ Christy and Quenethia-8:30-9:10

RPM w/ Lori -8:30-9:10

Body Pump w/Rachel and Kimberly-9:15-9:55

RPM w/Christy-9:15-9:55

*GATOR GANG GIVEAWAYS and UNITED BRUNCH FOLLOWS*

Be sure to go ahead and sign up for your sessions! We need to keep our socially distanced spots and make sure we can get everyone in a session. We can not wait to see everyone united together to launch these new releases!! We encourage you to try all the classes if they are not full!! Attack will be the most limited as we only have one session so grab your spot fast!!