

# Gator Group Fitness Schedule

*Florence*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15am						
8:15am		<b>LES MILLS BODYPUMP</b> Christy	<b>LES MILLS BODYATTACK</b> Christy	<b>LES MILLS BODYPUMP</b> Kimberly		
9:00am						
9:15am			Yoga w/ Randy	Core and strength w/ Kimberly		
4:30pm	Booty Boot Camp w/LaDarius					SUNDAY 3:00pm <b>LES MILLS BODYPUMP</b> Nikki
5:30pm	<b>LES MILLS BODYATTACK</b> Ashley	Cardio Hip Hop LaDarius	<b>LES MILLS BODYATTACK</b> Ashley	<b>LES MILLS BODYPUMP</b> Rachel		
6:15pm		<b>LES MILLS BODYPUMP</b> Nikki	Gator Combat W/Lisa			

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