

# Gator Group Fitness Schedule

*Florence*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15am		<b>LES MILLS</b> <b>RPM</b> Lori		<b>LES MILLS</b> <b>RPM</b> Lori		
8:15am			<b>LES MILLS</b> <b>RPM</b> Christy		<b>LES MILLS</b> <b>RPM</b> Christy	
9:15am		Yoga w/Randy		Yoga w/ Randy		Sunday 3:00pm <b>LES MILLS</b> <b>RPM</b>
12:00pm			HIIT w/Lisa		HIIT w/Lisa	
5:00pm				CARDIO Hip Hop w/ LaDarius		
5:30pm	Circuit Bootcamp w/Erin	Cardio Hip Hop w/LaDarius	Circuit Bootcamp w/Erin			
6:45pm	Hip Hop Cardio w/LaDarius					
7:30pm						

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